

# Capsule Wardrobe Checklist

**Capsule Wardrobe  
By the Numbers**

 5-6 Neutral (Black/blue, white, grey, brown) Tops	 5-6 Acc colors, o Tops
 5-6 Neutral (Black/blue, white, grey, brown, jean) Bottoms	 2-3 Acc colors, o patterne
 2-3 Neutral (Black/blue, white, grey, brown) Dresses	 2-3 Acc colors patter

**Total: 21-27**

Now, add in accessories such as scarves, hats, cardiga

Those are the basics of a capsule wardrobe! Most end anywhere from 30-50 items in total so don't feel like th and fast rules. Find what you love and what feels right there!

Live Organized, Live Simple | [www.amandawor](http://www.amandawor)

# Capsule Wardrobe

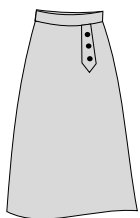
## By the Numbers



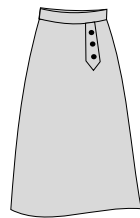
5-6 Neutral (Black/blue, white, grey, brown) Tops



5-6 Accent (Accent colors, or patterned) Tops



5-6 Neutral (Black/blue, white, grey, brown, jean) Bottoms



2-3 Accent (Accent colors, or patterned) Bottoms



2-3 Neutral (Black/blue, white, grey, brown) Dresses



2-3 Accent (Accent colors or patterned) Dresses

*Total: 21-27*

Now, add in accessories such as scarves, hats, cardigans, and vests!

Those are the basics of a capsule wardrobe! Most end up being anywhere from 30-50 items in total so don't feel like these are hard and fast rules. Find what you love and what feels right and go from there!



# Why this is so important....

Creating a capsule wardrobe for myself was one of the greatest things I've ever done. It's made shopping a breeze, my self-confidence has sky-rocketed, and my body image is light years better.

However, I've been right where you are. I remember how confused and overwhelmed I felt. How I didn't have a clue where to start or how many pairs of pants I should keep or how many shirts I should keep. How many dresses do I need?

I remember wishing that there was just a simple resource telling me exactly what I needed. So, I made one for all of those who were to come after me. I hope that you will find this guide useful and informative, but I also hope that you will remember to make this yours. I have a couple of items in my closet that "don't go" with my capsule wardrobe. I have one too many neutral shirts. But I've followed the basics and created a capsule wardrobe that works for me. I hope that you'll do the same.



# Want a little more help?

**Your Cultivated Capsule Wardrobe is the answer for women who want more confidence, and less wasted time when it comes to getting dressed.**



I've been there. I've spent countless hours trying on outfit after outfit only to feel frustrated, discouraged, and mad at my body.

I don't want that for you, friend, so I'm reaching out to help you up.

Capsule Wardrobes encourage confidence, freedom, and a wardrobe you LOVE.

**If you're ready to bump your confidence up a level, and have more time for what matters most — join me today.**

[amandawarfield.teachable.com/p/your-capsule-wardrobe-road-map/](http://amandawarfield.teachable.com/p/your-capsule-wardrobe-road-map/)

I'm here to hold your hand through this journey, so let's connect! Find me on Instagram as @mrsamandawarfield or shoot me an email.

Below are some more (clickable) free resources to help you continue working on creating that capsule wardrobe!

♡ Amanda

**DON'T MISS THESE**

**My 2019 Winter Capsule Wardrobe**

**Why You Need A Capsule Wardrobe**

**Where to Start With A Capsule Wardrobe**



Amanda Warfield is the owner and creator of Live Organized, Live Simple ( <https://amandawarfield.com>). She's a recovering perfectionist turned simplicity lover, routines enthusiast, and capsule wardrobe expert. Her mission is to use her passion for teaching and her love of minimalism, organization, and productivity to help every overwhelmed woman find JOY through simplicity.

Amanda is married to Russell, the funniest guy she knows. They are South Carolina natives living in the beautiful Pacific Northwest and enjoy traveling, reading, and all things Disney (okay, maybe that one is just Amanda).